



5 habits of exceptionally charismatic people

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1. According to Vanessa Van Edwards, charisma...

- a. can be learned.
- b. needs years of practicing to achieve it.
- c. can't be increased.

3. How do charismatic people avoid being conversational narcissists?

- a. Focusing on themselves.
- b. Focusing on gossip.
- c. Focusing on the other people.

5. Why is it important to use your hands when you are talking?

- a. That is a polite way to show respect.
- b. People weigh you as more trustworthy.
- c. That will make you more charismatic.

2. Why embracing their imperfections, makes charismatic people more likeable?

- a. Because people appear as more perfect.
- b. Because people can't see their imperfections.
- c. Because people can relate to them.

4. Why gossip is definitely not an option among charismatic people?

- a. People who listen to gossip damage their own reputation.
- b. People who gossip damage their own reputation.
- c. People don't like to gossip.

6. What is a good way to know if your eye contact is good?

- a. Keep eye contact long enough to notice the other person's eye color.
- b. Keep eye contact for at least 5 minutes.
- c. Keep eye contact only if the other person shows interest.