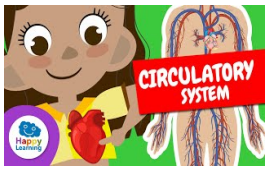

THE CIRCULATORY SYSTEM

eslvideo.com Quiz by: Kary Pedroza Vargas

1. What is the main topic of the video?

- ○ a.) The respiratory system
- ○ b.) The circulatory system
- ○ c.) The digestive system

2. Who is the video intended for?

- ○ a.) Adults
- ○ b.) Children
- ○ c.) Teachers

3. What does the circulatory system do?

- ○ a.) It helps us breathe
- ○ b.) It pumps blood
- ○ c.) It helps us digest food

4. What is one important part of the circulatory system?

- ○ a.) The heart
- ○ b.) The stomach
- ○ c.) The lungs

5. How does blood travel in the body?

- ○ a.) Through the air
- ○ b.) Through the veins and arteries
- ○ c.) Through the skin

6. What color is oxygen-rich blood?

- ○ a.) Blue
- ○ b.) Red
- ○ c.) Green

7. What color is oxygen-poor blood?

- ○ a.) Blue
- ○ b.) Red
- ○ c.) Yellow

8. What do blood cells carry?

- ○ a.) Food
- ○ b.) Oxygen
- ○ c.) Water

9. What is the role of veins?

- ○ a.) To carry blood away from the heart
- ○ b.) To carry blood to the heart
- ○ c.) To make blood

10. What is the role of arteries?

- ○ a.) To carry blood to the heart
- ○ b.) To carry blood away from the heart
- ○ c.) To clean the blood

11. What do we call the liquid part of blood?

- ○ a.) Plasma
- ○ b.) Platelets
- ○ c.) Cells

12. What do platelets help with?

- ○ a.) Breathing
- ○ b.) Clotting blood
- ○ c.) Digestion

13. How many times does the heart beat in a minute?

- ○ a.) About 60-100 times
- ○ b.) About 200 times
- ○ c.) About 30 times

14. What can affect heart health?

- ○ a.) Exercise
- ○ b.) Eating junk food
- ○ c.) Both a and b

15. What is one way to keep the heart healthy?

○ a.) Eating fruits and vegetables

○ b.) Watching TV

○ c.) Sleeping all day

16. What happens if the heart stops?

○ a.) The body can still function

○ b.) The body cannot function

○ c.) The body becomes stronger

17. What is a common heart problem?

○ a.) Heart attack

○ b.) Headache

○ c.) Stomach ache

18. What should you do to help your heart?

○ a.) Exercise regularly

○ b.) Eat only sweets

○ c.) Avoid drinking water

19. What is the main function of the circulatory system?

○ a.) To transport nutrients

○ b.) To help us see

○ c.) To help us hear

20. Why is it important to learn about the circulatory system?

○ a.) To understand how our body works

○ b.) To learn how to cook

○ c.) To play sports better

Transcript

La mayoria de preguntas son B, debe haber una distribucíón correcta de las respuestas